



# THE HAND & FLOWER

handandflower.co.uk @HandFlowerW14 fullershbandandflowerW14 Hand and Flower

Welcome to Hand & Flower

A selection of Teapigs tea and Brewer St coffees are available to you.

Please choose from one of the following dishes.

## BREAKFAST

Available from 7-11am Monday to Friday and 8-11am on Saturday

**Full English Breakfast**, Mrs Owton's smoked streaky bacon, Hampshire Pork sausage, two fried eggs, button mushrooms, slow roasted tomatoes, Heinz baked beans, black pudding and toast **£12**

**Vegetarian Full English**, hash brown, baby spinach, fried egg, button mushrooms, Haggis, slow roasted tomatoes, Heinz baked beans and toast **£10.5**

**Egg Benedict**, two poached eggs, Black Cab cured English ham and signature hollandaise sauce on top of a freshly baked muffin **£8.00**

**Egg Royal**, two poached eggs, London Porter smoked salmon and signature hollandaise sauce on top of a freshly baked muffin **£8.50**

**Egg Florentine**, two poached eggs, baby spinach and signature hollandaise sauce on top of a freshly baked muffin **£7.50**

**Avocado on Golden Sourdough**, fresh avocado, beef tomato, poached egg & chilli oil **£9.50**

**Bacon Bap**, Mrs Owton's dry cured streaky bacon on a cholla bun **£6.50**

**Sausage Bap**, Hampshire pork sausages on a cholla bun **£6.00**

## FRESHLY SQUEEZED JUICES

**Pears and Greens**, pear, cucumber, ginger, lime juice **£4.50**

**Wake up Shake**, apple, carrot, ginger **£4.50**

**Super Juice**, carrot, beetroot, cucumber **£4.50**

**Hand and Flower Detox**, apple, cucumber, celery, lime juice **£4.50**

## HOT BEVERAGES

Americano / Latte / Cappuccino / Flat White / Double Espresso **£2.50**

Single Espresso / Breakfast Tea / Earl Grey / Herbal Teas **£2**



@FULLERSKITCHEN WE TAKE TASTE PERSONALLY

If you require information regarding the presence of allergens in any of our food or drink, please ask your server who will be happy to provide this information. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen foods may be at risk of cross contamination by other ingredients.